Penguin Cold Caps



Based on the results of the clinical trial, you can use this form to assess whether or not cold capping would be appropriate for you or your patients.

www.penguincoldcaps.com

Manual scalp cooling in early-stage breast cancer - Clinical trial

NO	Privacy	YES
	Is it important for your to conceal your diagnosis?	
	Do you find it important to share your diagnosis with others when you are ready to?	
	Are you okay with people frequently touching your head to help put the cold caps on?	
	Are you okay with the possibility of others observing you because of increased attention as a result of cold capping?	
	Due to regularly being touched and/or public cap changes, you may become more self-conscious and /or anxious with a potential decrease in confidence. Are you okay with having these forms of invasions of privacy in order to preserve your hair?	
	Perception (Self-Image/Identity)	
	Do you think in keeping your hair you may feel "normal"?	
	Do you think your appearance impacts how you feel (when you look better you feel better)?	
	Do you think in looking "normal" you may obtain the ability to continue working?	
	Distraction from Cancer	
	Do you think preserving your hair will help you cope with a cancer diagnosis?	
	Do you think in keeping your hair you may feel like you have some control over your life?	
	Do you think focusing on cold capping instead of treatment will help you in the process of grieving and/or moving on?	
	If you were to lose your hair, would you more easily convince yourself to stay home instead of going out?	
	Dependence on Others	
	Are you okay with completely depending on your caretaker (family member, friend and/or hired capping helper) for cold capping as it is shown to be impacted by caretaker technique?	
	Do you think having a caretaker with you throughout your chemotherapy will be emotionally and/or physically beneficial?	
	Practical Resources	
	Do you have at least one designated caretaker or local consultant capable or cold capping to attend all induction sessions?	
	Do you have the financial funds necessary to proceed with cold cap therapy?	
	If necessary, do you have additional support to pickup dry ice the night prior to infusion?	